INCLUDED EXPEDITION EXPERIENCES

Activity Level

MILD

ZODIAC SAFARIS

DEPARTURES: AM and PM whenever weather permits: as often as possible per voyage

AVAILABILITY: Captain's Choice, weather permitting

PRICE: Included

Atlas Ocean Voyages takes you closer to your environment as you embark on one of the custom-made Zodiacs. Cruising Antarctic coasts, your knowledgeable experts guide you through the continent's many wonders. As your Zodiac driver navigates the waters, stop and listen to the natural sounds that surround you. At first, you might think it's all silence, but if you focus, the cries of snow petrels echo in the distance. You may encounter marine wildlife while out on the water, so focus on the soft but distinct rush of water and watch for the bubbles just before a breach. This is an essential excursion that truly gives you a pure feeling of triumphant exploration.



EXPEDITION LANDINGS

DEPARTURES: AM or PM depending on

landing site and weather

AVAILABILITY: Captain's Choice, weather permitting

Activity Level

MODERATE

PRICE: Included

There's a feeling of connection that swells as you land on the shores of the Seventh Continent. Make your way across the snow, walking paths few explorers who came before you have and feel a sense of kinship with them. Your expedition guide may lead you to dedicated high points and sightseeing locations for some of the best views. Our polar expedition guides know the terrain almost as well as the wildlife and will enhance your experience as they point out the flora (yes, plants in Antarctical) and fauna. You may come across some of Antarctica's renowned wildlife, like a penguin colony filled with the whimsical birds as they go about their natural lives. Your guide will instruct you on how to properly interact at a safe distance so that you have the opportunity to make the most of your expedition and capture the moment.



DEPARTURES: Once per voyage, Expedition Leader decides on date according to schedule and weather.

AVAILABILITY: Captain's Choice, weather permitting **PRICE:** Included

Connect with your wild side as you plunge into the icy waters of Antarctica, much like the seals and penguins of the continent. The moment of truth comes as you approach the edge of the platform and prepare to make the jump. But with your fellow explorers cheering you on, it's easy to take on the challenge. And feel free to be a spectator as you cheer on your new friends while they take the plunge.

 $\mbox{NOTE:}$ Safety harness is used. Guests should not carry any loose items on them at the time of the dive. All cameras, GoPros and similar devices need to be attached to the body.



REQUESTS FOR RESERVATIONS MAY BE MADE IN ADVANCE, HOWEVER, PAYMENTS AND RESERVATION CONFIRMATIONS WILL BE PROCESSED ONCE YOU ARE ON BOARD. RESERVATIONS FOR OPTIONAL EXPEDITION EXPERIENCES

ARE SUBJECT TO AVAILABILITY OR UP TO 14 DAYS PRIOR TO DEPARTURE.

Activity Level

TO BOOK, CALL YOUR PREFERRED TRAVEL ADVISOR OR OUR VOYAGE SPECIALISTS AT 1.844.44.ATLAS (28527).

OPTIONAL EXPEDITION EXPERIENCES

KAYAKING (ANT301)

DEPARTURES: AM and PM whenever weather permits.

Activity Level

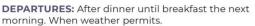
AVAILABILITY: Captain's Choice, weather permitting. **PRICE:** \$200 PER GUEST, PER OUTING.

Alongside a kayak master, experienced kayakers have the opportunity to set off through Antarctica's unspoiled waters in tandem ocean kayaks. Our kayak masters help you navigate the ice floes as you make your way through the water channels that bring you close to nature. With their guidance, you can safely cruise through the waters, perhaps even coming close to penguins as they dive from the ice floes into the sea. Kayaking offers a unique point of view of The White Continent as each paddle stroke takes you further from the ship and deeper into the heart of Antarctica. As you rush through the waters with your kayak, the astonishing blues and whites of the icebergs take your breath away. But take a few minutes to be still as well, because that's when incredible moments can take place, like the possibility of a whale breaching the water's surface mere feet away from your kayak.

NOTE: This excursion may not be offered on every expedition and is subject to weather conditions for availability. The onboard crew will provide a brief tutorial for proper use of the equipment that will also help determine your physical ability to operate it safely and properly.



CAMPING (ANT304)





AVAILABILITY: Captain's Choice, weather permitting. **PRICE:** \$750 PER GUEST.

You could spend a night camping in Antarctica for a once-in-a-lifetime experience that you will never forget. This is one of the few encounters that truly brings you as close to the continent and its raw beauty as possible.

Before settling in for a night in the camp, you have one last chance to grab a hot meal and shower on board. As you do so, the expedition team will scout ahead and prepare the boundaries for the camp site. Once the Zodiac brings you to shore, it's a truly wild experience. Equipped with shovels, you will dig your own hole for bragging rights to the ultimate adventure. You will be provided a bivy sack and waterproof bag for sleeping, as well as two blow-up mattresses for warmth and comfort. Get ready for a true adventure.

NOTE: This excursion may not be offered on every expedition and is subject to weather conditions for availability. Guests must have mobility to dig their own sleeping holes and get in and out on their own.

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ARE SUBJECT TO AVAILABILITY OR UP TO 14 DAYS PRIOR TO DEPARTURE.